



# Annual Report & Accounts 2022-23

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## UCARE Trustees

James Mitchell – Chair  
Jay Newport – Treasurer  
William Gietzmann  
Ken Heathcote  
Alistair Lamb

Tom Leslie  
Seetal Patel  
Jeremy Posnansky  
Richard Bryant

# Note from the Chairman

**As things begin to get back to normal after the COVID pandemic, our long-term goals coincide with that of the NHS plan to support people to live longer healthier lives by helping them to make positive lifestyle choices and identifying and treating illness at an early stage.**

More people are surviving cancer than ever before, but we know that we can save even more lives by encouraging awareness of symptoms, seeking help and therefore accessing treatment faster. Over a third of cancers are preventable, and UCARE is fully invested in cancer prevention through our education and awareness charitable object.

Since 2007, we have led a strong campaign focusing on prevention, awareness and early intervention. We have built a strong community base, but we know there is more that we can do to reach businesses, community groups, social clubs etc, and we are ask old and new supporters for their help in making introductions.

**We know that we can  
save even more lives**

We have been working with NHS England to target at-risk groups and also reviewing how we support volunteer advocates to take important messages into the community on our behalf. UCARE depends on the committed support of our donors, volunteers and advisers.

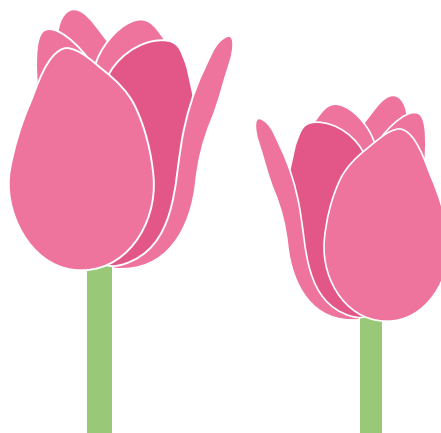
Anyone reading this report, can make a real difference by getting involved with UCARE, and we are very grateful for all your support.



**Jim Mitchell**  
Chair, Board of Trustees

**The Trustees present their report and the financial statements for the period ended 31 March 2023.**

The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) *Accounting and Reporting by Charities* (FRS102) in preparing the annual report and financial statements of the Charity.





# Our aims and objectives



**UCARE aims to promote good health and relieve sickness in relation to the disease of urological cancer and related conditions by:**

- Supporting basic, translational and clinical research into causes, prevention and treatment.
- Developing and evaluating new technologies for diagnosis and treatment.
- Providing equipment and facilities for research and treatment.
- Assisting in the provision of education and awareness raising for medical staff and the general public.

**Urological cancers account for one in five of all newly diagnosed cancers each year, and one in three of all cancers in men.**

Over 22,000 people die each year from urological cancers:

**AFFECTING MEN ONLY**

**Prostate cancer**

**Testicular cancer**

**Penile cancer**

**AFFECTING MEN & WOMEN**

**Kidney cancer**

**Bladder cancer**



**We aim to:**

- Be fair and compassionate
- Represent the voice of less well known cancers
- Be responsive



# Our achievements

**We have continued to build on the achievements and development of our community awareness strategy, focusing on inclusion and collaboration.**



## Learning disabilities and mental health issues

Our work last year producing videos for our website to help people with mental health issues and learning disabilities understand more about cancer and the screening process has been further complemented by talks around the Thames Valley region for carers and support workers who work with people with learning disabilities. This work is really important as uptake of cancer screening and presentation for early assessment of cancer symptoms is often much lower in this segment of the population. Educating and reminding people about what to look out for is one of UCARE's key priorities.



## Marginalised young people

We continue to work with marginalised young people from a centre called Trax, who educate young people, 11-18 years old, from across the Thames Valley region who have faced exclusion from school. Our focus has been on educating these young people about testicular cancer and general health and wellbeing.

We are very grateful for grants and for a partnership with the Hygiene Bank to be able to provide regular hygiene products to support the physical wellbeing of these young people.

## School talks

We enjoy working with schools to provide teaching and education as part of their PSHE programme. We offer a one-hour session to discuss testicular cancer, which is the most common cancer in the age group of 15-45 year olds.



## Volunteer training

We continue to work closely with the Hummingbird Centre to provide volunteer training. Again, the feedback is positive and the volunteers have grown in confidence. We now plan to work with the volunteers more regularly and increase our teaching portfolio by building relationships with other cancer support centres. Some of our training is now online which is a fantastic resource:

**[www.ucare-oxford.org.uk/education-awareness/self-help-videos/](http://www.ucare-oxford.org.uk/education-awareness/self-help-videos/)**

## Care packages

The care packages that we offer to people with cancer who are on treatment have been gratefully received by a number of partners from across the Thames Valley region. These include The Oxford University Hospital Trust, Stoke Mandeville Hospital and My Cancer, My Choices in Berkshire. We have been delighted to be able to support people on treatment and their families through providing them with useful products to support them during their cancer journey whilst providing signposting to other services and providing additional positivity. The feedback has been fantastic and proves that little acts of kindness really do make a difference. We will continue to seek funding and support to help people with cancer to stay on treatment for longer and cope better with their diagnosis.

## Germ cell health and wellbeing sessions

We have continued to work closely with the team at the Oxford University Hospital Trust to educate and support men with testicular cancer. These regular health and wellbeing sessions allow young men to gain knowledge about their cancer, what it means for them and how they move on with their lives post-treatment. They also benefit from peer support throughout these sessions. The feedback has been very positive and we are grateful to be able to be a part of what is provided.



## Sharing knowledge

In March 2023 we ran an update event for Oxfordshire GPs. It provided an opportunity for GPs to meet the Urology and Oncology Consultants and team from the Oxford University Hospitals NHS Foundation Trust. They are provided with a full afternoon of talks ranging from new techniques to pathway and current service updates and information. They have the opportunity to ask questions in a relaxed atmosphere, and also the time to network with colleagues.

## Collaborating with others

We have found many more service providers to collaborate with, whether this be the Hygiene bank, support centres, support groups or health professionals. The more we talk about what we do the more people are willing to work alongside us. We are definitely stronger together.

# A louder voice

## NHS England Blood In The Pee Campaign

We were selected to help roll out the NHS England Blood In The Pee Campaign, enabling us to increase our reach in both Oxfordshire and Buckinghamshire to raise awareness of urological cancer symptoms and encourage early intervention. This campaign has taken us to football grounds, supermarkets, libraries, National Heritage sites, RAF Brize Norton and many more places.

## Male Carers Support

This is a new initiative. A need was identified for a male carer/partner support group in Oxfordshire. UCARE was asked to set this up – we are gradually building this group and exploring ways to develop it further. Germ Cell patients have also been asking for a support group, and we are looking into possibilities for setting this up too.

## Side-effects talk

Our community team has been offering frequent talks about treatment side-effects to people with cancer to support and advise them on how best to cope both physically and mentally with their treatment.



# Our future plans

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## Health walks

Work is in progress to partner with The Ramblers Association to train group leaders in order to set up walking groups for people who have cancer or have had cancer treatment. We are excited about this initiative and hope to be able to set up a number of walks across the county with the support of volunteers, and for GPs to socially prescribe their patients.



StockStudioX / iStockphoto

## Volunteer strategy

We continue to plan and strategise work on our volunteer portfolio. We would like to offer volunteer training for roles within UCARE which focus on different aspects of the charity's work. We aim to incorporate attractive volunteering roles into the projects that we run. This will be anything from school talks, healthy walk leaders, general administration and delivery of packages and running stalls to a Volunteer Champion to raise awareness in communities. Please email [ucare@ucare-oxford.org.uk](mailto:ucare@ucare-oxford.org.uk) if you're interested and learning more about volunteering opportunities.

## National Germ Cell Conference

We supported and built the programme for the National Germ Cell Conference in April 2023. This was a fantastic opportunity to strengthen patient voices and be involved with health professionals on a national level.



## Greater collaboration

We continue to build strong relationships with other service providers including, support centres, support groups, other health providers and opportunities to work with others.

## Helping businesses with wellbeing objectives

We hope to be able to support businesses and raise awareness of cancer and its symptoms and support people who are working, or getting back to work, post-cancer treatment.

## Branding review

As part of our future strategy, we are undertaking a review of our visual style, logo and straplines to ensure that they are instantly recognisable, easily summarise what UCARE stands for and successfully raises awareness of the charity and our work.

## Looking forward

As well as supporting existing projects, fundraising for research and the awarding of research grants also remain a priority. We continue to raise funds for a Research Nurse at the Churchill Hospital in Oxford. Clinical research nurses play a vital role in delivering clinical research and improving patient care and treatment pathways. Clinical research is essential – it is the only evidence-based method of deciding whether a new approach to treatment or care is better than the current standard, and is essential to diagnose, treat, prevent and cure disease. You can make a donation at: [ucare-cancer.enthuse.com/cf/fundraising-for-a-research-nurse](https://ucare-cancer.enthuse.com/cf/fundraising-for-a-research-nurse)

# At a glance

50%

of people will get cancer in their lifetime

375,000

people currently have a cancer diagnosis in the UK

60

people a day, on average, die of urological cancers

38%

of cancers may be preventable by lifestyle changes

**Early diagnosis can save lives and can only be achieved through greater awareness... UCARE works in partnership with local and national organisations to provide information and education about urological cancers to both the public and medical professionals. Prevention is better than cure.**



“ Despite abdominal and urological cancers accounting for nearly half (44%) of all cancer diagnoses and two in five (41%) cancer deaths in England, new figures from the NHS show that many people are unaware of common warning signs – which could prevent them seeking help. ”

**NHS England 'Help Us, Help You' campaign, 2021**



370 followers



1,500 followers



300 followers



average 600 visits per day to website

# Structure, governance and management

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**UCARE (Oxford) was registered with the Charity Commission on 18 September 2007, and is Registered Charity Number 1120887.**

## **Public benefit**

Our work delivers public benefit by providing information, advice, and support to anyone affected by a urological cancers. We work in communities to reduce the stigma that can surround cancer; raise awareness; connect people to the support and care they need. We work in partnership with existing local and national organisations to collaborate and provide information and education about urological cancers to both the public and medical professionals. We are passionate about raising awareness of not just urological cancer but cancer in general.

The Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

The Charity is governed by the Trustees who meet five times a year to decide on the fundraising strategy and the allocation of funds to medical projects in line with the objects of the Charity, but collectively and individually also available on an ad hoc basis for advice and decision taking.

## **Staff and working arrangements**

We are very proud of the work that is produced by our small team who are managing multiple roles, dedicated to achieving the charity's mission through day-to-day activities and raising much-needed funding.

A part-time Operations and Administrative Officer with a diverse skill mix and job description, who is managed by the Trustees.

We also have a part-time Community & Awareness Lead whose role is to advise the trustees on best practice and leading the charity's awareness and education projects. This role continues to be mostly funded by fundraising and Trust & Foundation applications.

The Charity is advised on grant applications and medical projects by an appropriate Scientific Advisory Committee.

## **Investment powers**

Trustees have the power to deposit or invest funds in any manner (but to invest only after obtaining such advice from a financial expert as the Trustees consider necessary and having regard to the suitability of investments and the need for diversification).

## **Organisational structure**

The Board of Trustees is responsible for setting the strategic objectives of UCARE and for directing the staff. The Senior Executive supports and advises the Trustees on its activities. The Senior Executive is fully accountable for achieving, subject to the limitations set by the Trustees, for achieving objectives set by the Trustees.

## **Volunteers, Ambassadors, Patient Advocates and Patrons**

From time to time UCARE is able to call on the help of volunteers for running events etc., and UCARE acknowledges their extremely valuable contribution made by them and thank them for their commitment. We also value the huge contribution made by our Patrons, Ambassadors and Patient Advocates who network on our behalf.

We also acknowledge the support of health and business professionals who provide pro-bono advice across a range of activities.

## **Review of transactions and financial position (including reserves policy)**

Fundraising has raised £102,225 (2022: £101,322).

The Charity has made grants during the year totalling £42,536 (2022: £49,484).

Costs of raising income were £43,776 (2022: £35,543) of which £14,926 (2022: £1,560) were direct costs of holding events.



All decisions on financial matters will be taken collectively, and significant decisions and action points noted in writing and in our strategic plan for moving forward.

Funds in hand at the year-end amounted to £37,488 (2022: £33,163) of which (£21) (2022: £1,188) are unrestricted.

Charitable grants are typically paid out between 12 and 24 months after they have been awarded. Unpaid grants at the year-end totalled £6,590 (2022: £6,590). Although there was a deficit in unrestricted reserves of £(21) which did not meet the reserves policy, the trustees were aware at year end of income that had already been pledged at the end of the year and income available at the start of the new financial year.

## **Fundraising activities and raising awareness of UCARE**

UCARE recognises the need for efficient prevention and early diagnosis strategies and future developments include the building on raising awareness of the charity and building on the marketing and PR using the special tulip associated with our logo. Raising awareness and raising funds is normally done through organised events and taking our work into the community – the initiative being that all donations are buying hope, buying time and buying better futures for all those touched by urological cancer. UCARE depends on the committed support of our donors, volunteers and advisers. All our supporters make a real difference by getting involved with UCARE. Fundraising is helped by the promotion of the UCARE tulip; and our annual UCARE golf day in September each year. The Trustees wish to acknowledge formally the tremendous efforts of staff, our Patrons and volunteers in achieving so much during this difficult year. Our grateful thanks to all Trusts and Foundations who have made grants to UCARE throughout the year.

We aim to:

- Make fundraising an organisational priority, tabled at every board meeting.
- Develop a clear, realistic and longer-term fundraising strategy.
- Realistically invest in our fundraising and fundraisers, ensuring they have the right level of resources, staffing and training.
- Diversify our income streams
- Monitor and review fundraising activity.
- Ensure that we consider fundraising activities from the perspective of the donor and wider public and make risk assessments of activity
- Regularly review and assess risks linked to our fundraising programmes
- Review, increase impact and improve our use of social media

## **Cycling for UCARE**

In June 2022, Otilie Quince did a fantastic fundraiser for UCARE and not only raised a significant amount of money for UCARE but also raised a huge amount of awareness on social media by cycling from Luton to Majorca. Such a fantastic achievement and a huge opportunity for UCARE.

## **Handel's Messiah Concert**

A wonderful evening of music at the Sheldonian Theatre in Oxford in December 2022 was thoroughly enjoyed by the audience. Not only did we raise money for a much-needed research nurse post but we also raised awareness of our important message.

## **Risk assessment and review**

The trustees recognise that one of the hardest tasks is to find appropriate core cost funding other than that brought in by events.

The Charity has Employers Liability Insurance, Public Liability Insurance and Trustees Indemnity Insurance. Risk assessments are undertaken and at hand for fundraising activities and information to fundraisers 'to keep it safe' and our fundraising code of conduct is available in our fundraising information.

Commitments to project funding are only ever on the basis that income has been or can adequately be secured by UCARE. The reserves policy enables the Charity to wind up without consequential loss if necessary. Appropriate accounting and financial controls are in place.

UCARE is a member of the Fundraising Regulator:  
**[www.fundraisingregulator.org.uk](http://www.fundraisingregulator.org.uk)**

UCARE can be found on the Charity Commission website:  
**[www.charitycommission.gov.uk](http://www.charitycommission.gov.uk)**

## Trustees' responsibilities

Laws applicable to Charities in England and Wales require the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit of the Charity for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed subject to any material departures disclosed and explained in the financial statements, and;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Society will continue.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the Charity. They are also responsible for safeguarding the assets of the Charity and hence of taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees collectively ensure they have the correct skill mix to be responsible and accountable for ensuring the Charity complies with its obligations.

## The Trustees

James Mitchell – <i>Chair</i>	Jay Newport	William Gietzmann
Ken Heathcote	Alistair Lamb	Tom Leslie
Seetal Patel	Jeremy Posnansky	Richard Bryant

Other than as stated, the Trustees set out above have held office for the period from 1 April 2021 to the date of this report.

## Trustee appointment, induction and training

New Trustees are recruited through a range of networks and are invited to a board meeting to understand the role of Trusteeship, as well as to get a general knowledge of the role and the charity's activities. Appointments are made by the Board of Trustees giving proper regard to the range of skills and experience needed to govern the charity. On appointment, Trustees are invited to meet with the staff for a process of discussion and induction, provided with copies of the Trust Deed, annual reports and other relevant material. On-going advice is thereafter provided by the staff as appropriate.

In January 2023 we welcomed Neil Pridham to our Board of Trustees. Neil has had a career in Information Technology. Starting out in programming and moving through various roles. He has worked for some of the largest companies in the world delivering software solutions to help improve their businesses. These include Hasbro (children's toys), GE Healthcare (medical diagnostics), Bio-Rad (medical devices) and Oracle (computer software). For the last 10 years of his career he worked in various sales and marketing roles. Neil has a Master's in Business Administration.

Approved by the trustees on 8 December 2023 and signed on their behalf by:



Jim Mitchell (*Chairman*) and Jay Newport (*Treasurer*)

## Independent Examiner's Report to the Trustees of UCARE (Oxford)

I report on the accounts of the Charity for the year ended 31st March 2023 which are set out on page 12 to 18.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
- state whether particular matters have come to my attention.

### Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below:

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act 2011 have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



**Mr Ajay Bahl BA FCA**

*Partner*

Wenn Townsend Chartered Accountants, Oxford

8 December 2023



# Statement of Financial Activities for the year ended 31 March 2023

	Note	2023 Restricted £	2023 Unrestricted £	2023 Total £	2022 Restricted £	2022 Unrestricted £	2022 Total £
<b>Incoming resources</b>							
Donations and legacies	3	52,072	50,153	102,225	52,838	48,484	101,322
Income from investments		–	133	133	–	543	543
<b>Total income</b>		<u>52,072</u>	<u>50,286</u>	<u>102,358</u>	<u>52,838</u>	<u>49,027</u>	<u>101,865</u>
<b>Expenditure</b>							
Expenditure on raising funds	5	–	43,776	43,776	–	35,543	35,543
Expenditure on charitable activities	4	40,050	14,207	54,257	44,139	18,619	62,758
<b>Total expenditure</b>		<u>40,050</u>	<u>57,983</u>	<u>98,033</u>	<u>44,139</u>	<u>54,162</u>	<u>98,301</u>
Net income/(expenditure)		12,022	(7,697)	4,325	8,699	(5,135)	3,564
Transfer between funds		(6,488)	6,488	–	–	–	–
<b>Net movement in funds</b>		<u>5,534</u>	<u>(1,209)</u>	<u>4,325</u>	<u>8,699</u>	<u>(5,135)</u>	<u>3,564</u>
<b>Reconciliation of funds</b>							
Total funds brought forward		31,975	1,188	33,163	23,276	6,323	29,599
Total funds carried forward		<u>37,509</u>	<u>(21)</u>	<u>37,488</u>	<u>31,975</u>	<u>1,188</u>	<u>33,163</u>

The notes on pages 14 to 18 form part of these accounts.

## Balance Sheet as at 31 March 2023

	Note	2023 Restricted £	2023 Unrestricted £	2023 Total £	2022 Restricted £	2022 Unrestricted £	2022 Total £
<b>Fixed assets</b>							
Tangible assets	10	–	267	267	–	334	334
<b>Current assets</b>							
Stock		–	1,000	1,000	–	2,320	2,320
Cash at bank and in hand		37,509	7,202	44,711	31,975	11,187	43,162
Debtors		–	–	–	–	2,470	2,470
		<u>37,509</u>	<u>8,202</u>	<u>45,711</u>	<u>31,975</u>	<u>15,977</u>	<u>47,952</u>
<b>Current liabilities</b>							
Creditors – due within one year	12	–	(8,490)	(8,490)	–	(15,123)	15,123)
		<u>37,509</u>	<u>(288)</u>	<u>37,221</u>	<u>31,975</u>	<u>854</u>	<u>32,829</u>
<b>Net current assets</b>							
		<u>37,509</u>	<u>(21)</u>	<u>37,488</u>	<u>31,975</u>	<u>1,188</u>	<u>33,163</u>
<b>Funds</b>							
Unrestricted		–	(21)	(21)	–	1,188	1,188
Restricted	13	37,509	–	37,509	31,975	–	31,975
		<u>37,509</u>	<u>(21)</u>	<u>37,488</u>	<u>31,975</u>	<u>1,188</u>	<u>33,163</u>

The accounts were approved at a meeting of the Trustees on 8 December 2023.



James Mitchell, Trustee



Jay Newport, Trustee

# Notes to the Financial Statements for the year 31 March 2023

## 1. Basis of preparation

- a) The charity constitutes a public benefit entity as defined by FRS 102. These accounts have been prepared on an accruals basis and include income and expenditure as they are earned or incurred, rather than as cash is received or paid. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.
- b) The accounts are drawn up under the historical cost convention. Significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years present unless otherwise stated. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.
- c) The Charity is a charitable institution with exemption from taxation under section 505 of the Income and Corporation Taxes Act 1988.
- d) The Charity is exempt from the requirement to prepare a cash flow statement.
- e) The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for the next 12 months which indicate that the charity will be able to continue as a going concern.

## 2. Accounting policies

### a) Allocation of costs to resources expended

Specific items of expenditure are attributed to the appropriate category, of:

- **Cost of generating donations and legacies.** These are the costs associated with generating voluntary incoming resources from all sources other than undertaking charitable activities.

- **Charitable activities.** These are the resources applied by the Charity in undertaking its work to meet its charitable objectives.
- **Governance costs.** These are costs that relate to the general running of the charity. The governance costs of the Charity are primarily associated with constitutional and statutory requirements. These are included under charitable costs.
- **Support costs** such as postage and stationery have been allocated to activity cost categories on a consistent basis.

### b) Fund accounting

The Charity mainly holds unrestricted funds which can be used in accordance with the charitable objectives of the charity and at the discretion of the trustees.

The Charity did receive grants and donations which must be used for specific purposes. As at the year end the balance on restricted funds was £37,509 (2022: £31,975).

### c) Tangible assets

Tangible assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

The cost of tangible assets includes directly attributable incremental costs incurred in the acquisition and installation.

### Depreciation

Depreciation is charged so as to write off the cost of assets, other than land and properties under construction over their estimated useful lives, as follows:

Asset Class	Depreciation rate and method
Computers	20% straight line



#### d) Grants payable

The grants payable are payments made to third parties in the furtherance of the charitable objectives of the Charity. Grants are accounted for when the scientific advisory committee have approved the grant and the recipient has a reasonable expectation that they will receive the grant and any condition attaching to the grant is outside the control of the Charity.

#### e) Pensions

The Charity makes contributions to a pension scheme held by its employee. The costs of contributions are written off in the year they are payable.

### 3. Income from donations and legacies

	<b>Restricted 2023 £</b>	<b>Unrestricted 2023 £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
Grants	52,072	2,700	54,772	58,838
Donations (including gift aid)	–	42,265	42,265	19,057
Legacy	–	–	–	1,486
Events	–	5,188	5,188	9,288
Government Job Retention Scheme	–	–	–	12,653
	<u>52,072</u>	<u>50,153</u>	<u>102,225</u>	<u>101,322</u>

Included within the 2022 figures are restricted grants of £52,838.

### 4. Charitable activities

The Charity undertook the following charitable activities. The Charity did not undertake some of the activities directly, but met its charitable purpose by making grants to organisations that met the charitable objectives of the charity.

#### Programme/Event

	<b>Restricted 2023 £</b>	<b>Unrestricted 2023 £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
Governance costs (see note 6)	–	4,028	4,028	4,587
Urology related education activities	40,050	2,486	42,536	49,484
Support	–	7,693	7,693	8,687
	<u>40,050</u>	<u>14,207</u>	<u>54,257</u>	<u>62,758</u>

Included within the 2022 figures are the following restricted items:

- Urology related cancer education £44,139

## 5. Expenditure on raising funds

	<b>Restricted 2023 £</b>	<b>Unrestricted 2023 £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
Mail shot costs	–	–	–	1,407
Events	–	14,926	14,926	1,560
Support costs	–	28,850	28,850	32,576
	<u>–</u>	<u>43,776</u>	<u>43,776</u>	<u>35,543</u>

## 6. Governance costs

	<b>Restricted 2023 £</b>	<b>Unrestricted 2023 £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
Independent review of accounts	–	1,900	1,900	1,900
Legal and professional fees	–	205	205	480
Support (including computer costs)	–	1,923	1,923	2,207
	<u>–</u>	<u>4,028</u>	<u>4,028</u>	<u>4,587</u>

Governance costs are included under Charitable activities.

## 7. Support costs

Support costs, consisting of office costs of the charity including staff salaries are split between grant making, governance and expenditure on raising funds on the estimated time spent on each activity.

	<b>Basis of apportionment</b>	<b>Charitable activity £</b>	<b>Raising funds £</b>	<b>Governance costs £</b>
Office costs	Work due	3,511	13,167	877
Salaries and administrative support	Work due	4,182	15,683	1,046
Total resources expended		<u>7,693</u>	<u>28,850</u>	<u>1,923</u>

## 8. Analysis of employee costs

	<b>2023 £</b>	<b>2022 £</b>
Salaries	20,911	30,333
Social security costs	–	984
	<u>20,911</u>	<u>31,317</u>

No employee received emoluments of over £60,000 in the year (2022: £Nil).

## 9. Trustees and key management personnel remuneration and expenses

The trustees neither received nor waived any remuneration during the year (2022: £Nil).

The total amount of employee benefit received by key management personnel is £20,911 (2022: £30,333). Due to the size of the charity the trustees consider all staff members to be key employees.

During 2022/23 the charity employed one full-time member of staff.

## 10. Fixed assets

	Office equipment £
<b>Cost</b>	
At 1/4/22	915
Additions	–
	<hr/>
At 31/3/23	915
	<hr/>
<b>Depreciation</b>	
At 1/4/22	581
Depreciation charge for year	67
	<hr/>
At 31/3/23	648
	<hr/>
<b>Net book value</b>	
At 31/3/23	267
	<hr/>
At 31/3/22	334
	<hr/>

## 11. Debtors

	2023 £	2022 £
Gift Aid	–	665
Other debtors	–	1,805
	<hr/>	<hr/>
	–	2,470
	<hr/>	<hr/>

## 12. Creditors due within one year

	2023 £	2022 £
Accruals	1,900	8,633
Grants payable	6,590	6,590
	<hr/>	<hr/>
	8,490	15,123
	<hr/>	<hr/>



### 13. Restricted fund

#### Current year

	At 1 April 2022	Incoming resources	Outgoing resources	Transfer	At 31 March 2023
	£	£	£	£	£
Community Awareness project	13,813	46,722	(33,100)	–	27,435
Prostate cancer	3,436	–	–	–	3,436
Ian Kirkham Fellowship	1,100	–	–	–	1,100
Kidney cancer	100	–	–	–	100
Testicular cancer	(773)	–	–	–	(773)
Support male oncology patients	6,488	–	–	(6,488)	–
Patient care packs	7,811	5,350	(6,950)	–	6,211
	<u>31,975</u>	<u>52,072</u>	<u>(40,050)</u>	<u>(6,488)</u>	<u>37,509</u>

#### Prior year

	At 1 April 2021	Incoming resources	Outgoing resources	At 31 March 2022
	£	£	£	£
Community Awareness project	19,413	35,753	41,353	13,813
Prostate cancer	3,436	–	–	3,436
Ian Kirkham Fellowship	1,100	–	–	1,100
Kidney cancer	100	–	–	100
Testicular cancer	(733)	–	–	(773)
Support male oncology patients	–	6,620	132	6,488
Patient care packs	–	10,465	2,654	7,811
	<u>23,276</u>	<u>52,838</u>	<u>44,139</u>	<u>31,975</u>





**UCARE (Urology Cancer Research and Education) is an independent, Oxford-based charity committed to improving the treatment and care of urological cancer patients, through research and education.**

**[www.ucare-oxford.org.uk](http://www.ucare-oxford.org.uk)**

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